

November 22, 2015

IF ONLY

Part 1: Scrambled Eggs

(Romans 8:28) And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

IF ONLY

✓	I would have spent more time with	
✓	I could find the right	
✓	I would not have	so much
✓	I would have notthat.	_ them like
✓	I would have known before I made that	
✓	I had not	

(Mark 14:72) Immediately the rooster crowed the second time. Then Peter remembered the word Jesus had spoken to him: "Before the rooster crows twice you will disown me three times." And he broke down and wept.

(John 21:7, 17) Then the disciple whom Jesus loved said to Peter, "It is the Lord!" As soon as Simon Peter heard him say, "It is the Lord," he wrapped his outer garment around him (for he had taken it off) and jumped into the water...The third time he said to him, "Simon son of John, do you love me?" Peter was hurt because Jesus asked him the third time, "Do you love me?" He said, "Lord, you know all things; you know that I love you." Jesus said, "Feed my sheep.

SCRAMBLED EGGS

•	Corinthians 7:10) Godly sorrow brings repentance that leads to vation and leaves no regret, but worldly sorrow brings death.	
1.	receive God's forgiveness.	
	(Psalm 103:3)who forgives all your sins and heals all your diseases.	
	(Micah 7:18) Who is a God like you, who pardons sin and forgives the transgression of the remnant of his inheritance? You do not stay angry forever but delight to show mercy.	
2.	Eliminate the "" thoughts.	
	(2 Corinthians 10:5 MSG) We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, fitting every loose thought and emotion and impulse into the structure of life shaped by Christ.	
	(Philippians 3:13 NLT) No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead.	
3.	Turn regret into	
	(2 Corinthians 1:7 NLT) We are confident that as you share in our sufferings, you will also share in the comfort God gives us.	
4.	Let God	
	(Psalms 145:9 NLT) The Lord is good to everyone. He showers compassion on all his creation.	
	(Lamentations 3:22) Because of the LORD's great love we are not consumed, for his compassions never fail	

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(Romans 8:28) And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

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- ✓ I would have spent more time with .
- ✓ I could find the right one.
- ✓ I would not have worked so much.
- ✓ I would have not <u>treated</u> them like that.
- ✓ I would have known before I made that decision.
- ✓ I had not ______.

(Mark 14:72) Immediately the rooster crowed the second time. Then Peter remembered the word Jesus had spoken to him: "Before the rooster crows twice you will disown me three times." And he broke down and wept.

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SCRAMBLED EGGS

(2 Corinthians 7:10) Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.

1. Really receive God's forgiveness.

(Psalm 103:3) ...who forgives all your sins and heals all your diseases.

(Micah 7:18) Who is a God like you, who pardons sin and forgives the transgression of the remnant of his inheritance? You do not stay angry forever but delight to show mercy.

2. Eliminate the "if only" thoughts.

(2 Corinthians 10:5 MSG) We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, fitting every loose thought and emotion and impulse into the structure of life shaped by Christ.

(Philippians 3:13 NLT) No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead.

3. Turn regret into motivation.

(2 Corinthians 1:7 NLT) We are confident that as you share in our sufferings, you will also share in the comfort God gives us.

4. Let God ______.

(Psalms 145:9 NLT) The Lord is good to everyone. He showers compassion on all his creation.

(Lamentations 3:22) Because of the LORD's great love we are not consumed, for his compassions never fail.

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